

SHOPPING LIST

- 1 Household Item
- 1 Package of Diapers
- 2 Mixed Hygiene Products
- 2 Vegetables
- 1 Bean
- 2 Cream of Soup /Broth /Paste /Sauce
- 2 Proteins
- 2 Fruits
- 1 Baby Food
- 1 Breakfast Item
- 1 Large Juice or 2 Small Drinks
- 1 Rice or Noodle
- 1 High Value Carb
- 1 Condiment/ Baking Item
- 2 Snack Items
- Between the Fridge and Freezer you may select 4 total mixed items
- BONUS Item if you bring your own reusable bag



*Not all items are guaranteed

*Items may vary depending on size and weight, please check the shelf for specific details

*All items are subject to change

For additional questions or concerns please contact AVANZA

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